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# The BeTER LeTTER

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January, 2022

Volume 18, Issue 1

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## Director's Letter

Greetings ,

The next **BioTherapy Live!** broadcast is coming up on Tuesday, January 18 at 2:00 pm EST (11:00 am Pacific Time). The program will feature Dr. Chris Kleronomos and Dr. Maria Gussak in a discussion about bee venom therapy (BVT). You can read more about Dr. Kleronomos and Dr. Gussak below.



To join the meeting, live on Zoom, go to:

<https://uci.zoom.us/j/93862239768?pwd=cXl0K3FtMnJKT1htZ1Q4ZDZEa295dz09>

Meeting ID: 938 6223 9768

Passcode: 504239

We will simultaneously broadcast on [FacebookLive](#).

If you can not participate in the live program, watch the recording on our [Facebook](#) page or our [YouTube](#) channel afterwards.

Thank you, Drs. Kleronomos and Gussak, for sharing your knowledge and experience with us.

***Advancing healthcare through education and research in biotherapy,***

A handwritten signature in black ink, appearing to read "R. Sherner".

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Chris Kleronomos, FNP-BC (DAAPM), DAOM-L.Ac., RH (AHG), MSc. (ABAAHP) currently serves as the Medical Director for MediPro Holistic Health, a multi-disciplinary integrated clinic. He has served in a variety of roles including acting as the Pain and Functional Medicine Specialist for Vida

Integrative Medicine, the Medical Director of the Fibromyalgia and Neuromuscular Pain Center, as

well as the Clinical Director of the Multi-Disciplinary Pain Rehabilitation Program for Salem Hospital.

Practicing a comprehensive approach, Dr. Kleronomos utilizes a variety of modalities to layer treatments incorporating the most current biomedical standards of care, with evidenced based Oriental and Natural Medicine through a Functional Medicine lens. He is board certified in Family Practice (AANP), and acupuncture (NNCAOM) and a board diplomate in Pain Management (AAPM), and Anti-Aging medicine (A4M), as well as a Professionally Registered Herbalist.

Dr. Kleronomos was an early proponent of Peptide Therapy and underwent some of the earliest training and certification. He is also one of the leading experts on the application of Bee Venom Therapy and publishes and lectures on the subject around the country, currently serving as President of the American Apitherapy Society and as an active board member of the Biotherapeutics, Education & Research (BTER) Foundation.

Dr. Kleronomos has been featured several times, on the television show *The Doctors* and on *National Geographic Wild*. He has been published in the ***Pain Practitioner***, ***Journal of the American Academy of Pain Management***, and ***Life Extension Magazine***, and most recently in ***Chart Notes***, a publication of the Marion-Polk County Medical Society.

Chris Kleronomos became interested in medicine as a Corpsman in the U.S. Navy, where he served with the Marine Corps elite Special Operations Teams; Force Reconnaissance. Afterwards he studied for a masters degree in Oriental Medicine, at the Midwest College of Oriental Medicine, and completed the doctoral program, focusing on oncology, chronic disease and pain management at Bastyr University. Due to his strong belief in Integrated Medicine, he continued his education to become an Advanced Practice Nurse Practitioner at Seattle University, as well as a Master of Science in Functional Medicine and Human Nutrition at the University of Western States.

Dr. Kleronomos is married and has two adventurous boys following in his footsteps. His wife is a Health Psychologist specializing in cognitive behavioral training, and mind-body medicine. In his free time, he enjoys martial arts, traveling, hiking/camping, SCUBA and spending time with his family, and extended family including a giant St Berdoodle named Buddha.

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Dr. Maria Luisa Gussak, ND, is the Medical Director of Roots & Rivers Naturopathic Medical Center, and owns Bee The Medicine Apitherapy in Wenatchee, WA. She has been building her medical practice since graduating from Bastyr University and receiving her Naturopathic Physician License in October 2020 through Washington State. Dr. Gussak has a double major in Cell Biology/Neuroscience and Philosophy from Rutgers University, New Jersey. She has additional training in BioEthics (Georgetown's Kennedy Institute of Ethics), and experience as a



Wilderness EMT, as an emergency room technician at a Level 1 trauma hospital in NJ, as a hospital Patient Satisfaction Liaison.

Having graduated during the current COVID pandemic, she outfitted her Chevy Colorado and became a House Call Doctor in Central Washington State. Most recently, she opened a private office for Concierge Patients in Historic Downtown Wenatchee.

When asked what conditions she treats, she likes to respond, I just treat people. Though mostly a family practice, Dr. Gussak's Clinical Interests include Iatrogenicity, BioEthics, Mast Cell Activation Syndrome, Osteopathic Manipulation and Electrotherapy techniques for chronic and acute pain, Hyperthermia, Chronic Inflammatory/Infection Conditions, and Apitherapy (including Bee Sting Therapy), Homeopathy and Botanical Medicine. She believes that her job as the physician is to educate, identify and treat nutritional deficiencies, restore physical integrity, and address obstacles to healing.

Dr. Gussak first took the Charles Mraz Apitherapy Course in 2016 after experiencing interesting improvements in her own journey with an Auto-Immune Neuro-Degenerative Disorder. She wanted to know the science and practical application of the traditional practice of placing Bee Stings on the body for Healing. As a result of her gratitude in what the bees have given her, she gives back by being an amateur beekeeper and serving on the Board of the American Apitherapy Society.

One of Dr. Gussak's goals is to establish an Inpatient Health Sanitarium and Physician Training Center with the help of her mentors and fellow Vitalist Naturopaths at her primary Professional Association, The Naturopathic Medicine Institute. She is also a member of The American Academy of Environmental Medicine and The Naturopathic Academy of Environmental Medicine.

In her private life, she spends a lot of time in service to her community, playing with her German Shepard Apollo and enjoying a quiet country life with her husband, Jason.

***JOIN Dr. Kleronomos and Dr. Gussak for an enlightening discussion, on BioTherapy Live!***, January 18 at 11:am Pacific Time, Zoom or Facebook.

## Biotherapy Live! (and recorded!)

The next broadcast of Biotherapy Live

- January 18, 2021: BioTherapy Live! with Dr. Chris Kleronomos and Dr. Maria Gussak
- Topic: Bee Venom Therapy

To join the meeting on Zoom, go to:

<https://uci.zoom.us/j/93862239768?pwd=cXl0K3FtMnJKT1htZ1Q4ZDZEa295dz09>

Meeting ID: 938 6223 9768

Passcode: 504239

To join by phone, find your local number at:

<https://uci.zoom.us/j/93862239768?pwd=cXl0K3FtMnJKT1htZ1Q4ZDZEa295dz09>

Want to suggest a topic or speaker? [let us know!](#)



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